

## WHAT TO EXPECT:

- Absolute confidentiality
- Prompt response to phone or email inquiries about the VITAL program
- Veteran-centered approach—keeping the Veteran's well-being and best interests in mind



## VA & COMMUNITY RESOURCES:

- Veteran/Civilian Dialogues
- Urban Justice Veteran's Project
- Hope for the Warriors
- Team Red, White and Blue
- Service Women's Action Network
- Hire Purpose
- Edge4Vets
- Make The Connection
- Veterans Crisis Line
- AfterDeployment.org



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VITAL Initiative Coordinator

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[www.nyharbor.va.gov/services/  
vital.asp](http://www.nyharbor.va.gov/services/vital.asp)



**Text to 838255 to Get Help NOW**



**Student Veteran  
Outreach Program**

**VITAL Initiative Coordinator**  
**Yvette.Branson@va.gov**  
**646-772-6087**



## What is VITAL?

Veterans Integration To Academic Leadership (VITAL) is VA's approach to reaching out to student Veterans to help facilitate the transition from Soldier to Student

The VITAL Initiative is a partnership between VA New York Harbor Healthcare System and local colleges and universities. We're here to help you navigate your needs and concerns and maximize your unique set of strengths, skills and life experiences as you develop and translate your interests and talents into the academic setting



- You have access on campus to VA services and benefits
- You have an ally at school who understands your unique needs as a student Veteran

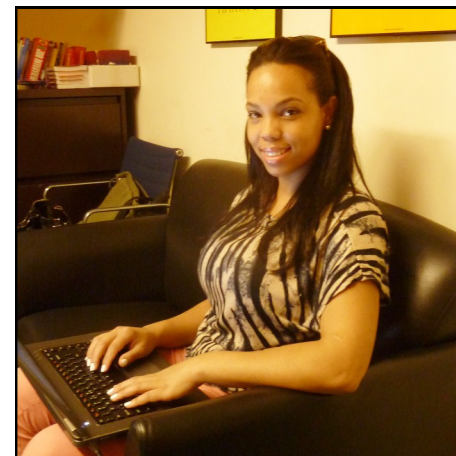
**Monday-Friday**  
**646 -772-6087**  
**Yvette.Branson@va.gov**

## FOR VETERANS:

- Free tutoring through Veterans Benefits Administration (VBA) and Peer Mentoring
- VA Work Study opportunities
- Referral services for university academic accommodations
- Counseling and care for readjustment, stress, anger, depression, anxiety, and sleep problems
- Coping strategies for classroom difficulties - attention, concentration, restlessness
- Assistance with enrollment and care at VA New York Harbor Healthcare System
- Connecting to VA affiliates: Veterans Benefits Administration (VBA) and Vocational Rehabilitation Services
- Distress Tolerance Groups and T'ai Chi

## FOR ACADEMIC FACULTY/ STAFF:

- Education for college/university staff about Military & Veteran culture
- Consult about Veteran-specific issues that impact performance and academic success.
- Work with college/university counseling centers in serving the unique readjustment needs of Veterans
- Assist with communication between VA New York Harbor Healthcare System and college/ university staff about Veteran concerns, resources and needs



**VA**  
**HEALTH**  
**CARE**

Defining  
**EXCELLENCE**  
in the 21st Century